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Boston & Maine Railroad Men

MARCH, 1914



Well, there's surely something doing in the station 'cross the way,
For the carpenters and the painters there are making things look gay,
And the place is getting busier with each succeeding day,
For headquarters of the Southern are coming here to stay.

The building now is busier than it has been for years,
They're filling up the empty rooms, that long have caused our fears,
The telegraphic clatter there is joy to our ears,
For the coming of the Southern is a signal for our cheers.

We say, you men from Boston,
The object of this ditty,
Is just to say to one and all,
"Welcome to our city."

J. M. STEWART & SONS CO.

OPPOSITE STATE HOUSE

SELL ONLY THE MOST RELIABLE
HOUSE FURNISHINGS

Have YOU Looked up OUR QUALITIES and PRICES?

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Railroad Families

7.30 P. M. Saturday

2.30 Saturday Afternoon

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SYSTEM CAMPAIGN

May 18-28

SYSTEM BANQUET

May 7

PASS BOOKS

that fit the New B. & M. Pass
25c, 50c, 75c, \$1.00
and \$1.50

Nutter's

The Rexall Store
2 North Main Street

"EASTER"—NEW DAY FOR MAN.

BOSTON & MAINE ... RAILROAD MEN ...

Vol. XVIII

MARCH, 1914

No. 3

Dining Car Men in Good Shape.

In order to protect its patrons and insure the most sanitary service possible, all of the employees in the dining car service of the New York, New Haven & Hartford R. R. have just been subjected to a thorough physical examination. The examination included even extra men in the service and covered altogether 14 stewards, 12 chefs, 15 second cooks, 17 third cooks and 75 waiters. These men are employed in the 12 dining cars in operation at the present time.

Out of the 133 men examined only one man, a waiter, failed to pass. This man was immediately relieved. In the case of all the others, the examination disclosed that they were not only free from contagious or infectious disease, which was the principal idea in the examination, but were also in good general condition and free from physical defects. In fact, according to the testimony of the examining physicians, the result of the test, which was a most rigid one, was to show that these employees were an exceptionally healthy and clean body of men.

About 57 per cent. of these men have been in the employ of the company for the past seven or eight years, or since the dining car service was enlarged. One waiter has been in the service 25 years and one cook 24 years. These

two were among those who passed the examination. None of the men was notified when to expect the examination, but all were just taken off the cars at the New York terminal.

While the company has always made it a rule to exercise great care in selecting men for the dining cars, hereafter the practice will be followed of having periodical examinations made of all such employees. Under the new rule no new man will be employed unless the company's physicians have pronounced him in good physical condition. It is the aim of the company to have the most sanitary dining car service possible. Not only is the condition of its employees watched, but articles of food, such as milk and ice cream, are subjected to frequent tests in the company's laboratory.

"Even" Hoboken.

When an evil gets so prevalent that not only the Dominion of Canada and even the police courts of Hoboken condemn it, and it is generally condemned by the majority of thinking people and corporations, what about the Y. M. C. A. standing for what we all know is a detriment and a curse to not only the youths but to all that smoke the cigarette? Recorder McGovern, of Hoboken, said: "For six years I have been fighting the cigarette in court and out

of court and I think the time has come to use practical methods to save the youth from this social and physically degrading habit." After about 150 youths had been treated, in Recorder McGovern's court, by swabbing the throat, he introduced Mrs. Jennie H. Mulligan, superintendent N. Y. Anti-Cigarette League, who said: "One cigarette is more harmful than two ounces of crude whiskey. Lying and stealing, which go hand in hand, are among the first habits that a cigarette smoking boy acquires." —The Dispatch.

Events.

Bowling Tuesday, Wednesday, Thursday and Saturday evenings during March.

Safety First meeting to be announced on a Sunday evening soon, in the hall.

Family meeting Sunday afternoon, March 29, for worship, fellowship and the railroad family spirit.

System banquet, in Boston, prominent speakers. Ten or more members from each B. & M. R. R. Y. M. C. A. expected to attend. Suggested date, May 7.

Shop meetings Wednesday and Thursday noons, with practical speakers.

May 18-28, System Campaign, to double the railroad department membership standing at 2,348 on February 1.

Monday Bible Club with warm supper at 6 p. m., warm discussion and an interesting Bible lesson.

Lenten musicals in the lobby Wednesday evenings from 8 to 9 p. m.

April 16. Fast Day is the day for State Chess and Checker Tournament in the hall. Rollins is working up many invitations for the event.

Baseball and Playground meetings in April. City and volunteer committees planning policy of the year.

Precautions to be Taken by the Telegrapher.

By E. J. Stanton, Telegrapher, C. St. P. M. & O. Ry., Rusk, Wis.

With reference to how telegraphers can prevent accidents to themselves and others: While I do not feel as though I can do justice as regards this matter, will, however, do my best:

First: Operators should keep fully posted on the book of rules as regards the handling of trains by train orders, automatic and other block signals.

Second: Telegraphers should keep all required hand signals ready for use, such as torpedoes, fuses, red lanterns, white lanterns and flags.

Third: They should keep the train dispatcher posted as regards weather conditions, heavy fogs, storms, etc.

Fourth: Night telegraphers while on duty should remain "awake," and when off duty should get "sufficient rest." They should not indulge in the use of cigarettes or "Copen-Hagen Snooze," as it may affect their brains and render them unfit as Safety First men for handling trains.

Fifth: Do not allow people not authorized to loaf around telegraph office.

Sixth: In case of doubt adopt the safe course.

Mechanics.

A low water alarm has been invented for locomotive boilers. The device has a small valve that opens $\frac{1}{8}$ in. and allows the whistle to blow. The cross pipes at bottom are expansion pipes that operate the lever that connects with the valve. The alarm is placed on the boilerhead and set so that the cross pipes are the proper height from the bottom of the water glass. As the water becomes low in the boiler it also does in the alarm. Steam follows the water, and entering the top cock, causes the expansion that operating the lever opens the whistle valve.

An improved engine truck called the "Economy" has been developed, combining several new types, in speed of packing, center castings, pedestals, springs and hangers. The design further includes castiron axle collars secured to the axle inside of the journal boxes. These reduce hub wear.

Autogenous welding in firebox fractures.—One case in a mud ring was chipped out V shape and filled in from the hole down to the bottom edge, using the oxy-acetylene torch and $\frac{3}{4}$ in. Swedish iron for flux. From the rivet hole to top edge was next welded to original thickness. With all stripping, welding, bolting, clipping and testing 35 hours were consumed with a minimum of stripping.

A new Canadian Pacific steel freight car repair shop has been erected at

Winnipeg, with special shop facilities, arrangements, tools and list of equipment. Article written by E. T. Spidy, assistant general foreman.

Dennis McGuire, a locomotive engineer on the Lehigh Valley, has been granted a month's vacation with pay and an honor button for having brought forward a new safety-first idea. He suggested to Superintendent Charles Shea that engine inspectors be equipped with magnifying glasses, so that they might more readily detect cracks and flaws on axles and other mechanism. The suggestion was at once adopted and McGuire received his reward.

Pension News.

The Pennsylvania Railroad has now on its pension rolls 4,037 employees, of whom 27 are women. During the past 13 years the total number of employees placed on the pension rolls has been 7,800. The payments have aggregated \$9,500,500. This includes the lines both east and west of Pittsburg. The company has issued a circular in which there is a large picture taken at a recent luncheon given to the veterans of the road by the Railroad Young Men's Christian Association of West Philadelphia. At this luncheon there were present 150 retired employees, of whom 48 had been in the service of the company for 48 years or more, and of whom 89 had served in the army during the Civil War.

System Banquet, May 7.

BOSTON & MAINE RAILROAD MEN,

PUBLISHED MONTHLY BY THE
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CONCORD, N. H.

C. A. CLARK, EDITOR.

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BIBLE study to-day is put aside by some persons who do not discern values as did Lincoln, nor moral awakening as does the new Social Science, nor the essentials of the up-standing part of the mind called spiritual forces, as do the finest of God's sun-crowned men who lead the Y. M. C. A., the college, the church and the brotherhoods.

FAMILY affairs can be impartially estimated from the outside. The threats in endless chain letters are a part of the old superstition which has actually passed. The confession of defeat on the part of a parent of two-, five- and eight-year-old children is the best index that the visitor needs to guess what happens daily and will increasingly occur to blight the lives of both parent and growing youth.

MEN who have passed the fool stage will join readily in the signing of the ballot on the last page. Not because they want to be advertised, but of necessity in cleaning house in the city where their homes are located. Put your ear to the rail and count up the disaster to local railroad men and families in the last three years. Gentlemen, you've got to fight one way or the other. Stand by the police station while drunks are taken in and then take a good think on the condition, ability and happiness of the folks he belongs to.

WHY do the old railroad men hate the cigarette as they do? Are the middle-aged men all daffy? Are the banks all full of prunes? Are the schools foolish in their instruction? Are the employment agents of big business silly? Or is there something yet to learn? Why is it necessary to paint a guy's throat to stop the habit? You'll find out.

“The day returns and brings us the petty round of irritating concerns and duties. Help us to play the man, help us to perform them with laughter and kind faces; let cheerfulness abound with industry. Give us to go blithely on our business all this day, bring us to our resting beds weary and content and undishonored; and grant us in the end the gift of sleep. Amen.”

Easter Greetings.

Everyday Brotherhood.

WATCHFULNESS

Lesson March 8, Luke 12:35-48.

Vs. 35. Let your loins be girded about, and your lights burning. Read the lesson.

ON THE WINGS OF WIRELESS. Sometimes there float into my room messages from the sky, startling and suggestive in their appropriateness. They seem to be angel visitors. The other night this gospel message flew over the sea to a ship, somewhere on the broad Atlantic: "BE PREPARED FOR ANYTHING." It fell from the lips of Jesus. It is echoed and re-echoed by the whole economy of God and man. It is the essential of success—READINESS. Men who are ready to meet Opportunity differ from other men not so much in brilliant powers as in previous preparation. The watchful man wins his reward; the self-indulgent are passed by as untrustworthy. Gird your loins—for business; trim and clean your lamps for shining—then LOOK OUT; you will not have to look long. Most men loiter along, robes flopping, lamps smoking, chimney dirty. "ON THE JOB"—is strenuous. Yes, but it is SAFE and SUCCESSFUL.

Pray: For Association secretaries in charge of dormitories, that the many problems facing them may be solved wisely and helpfully to the men.

RAILROAD BOWLING LEAGUE.

Six-Team Contest.

Continued.

Feb.	11.	Has Beens,	382	363	391—1136
		Eurekas,	386	413	386—1185
	17.	Has Beens,	338	367	405—1110
		Old Timers,	413	356	413—1182
	18.	Pin Pickers,	382	414	396—1192
		Eurekas,	420	437	406—1263
	19.	Speed Boys,	397	379	388—1164
		Cubs,	363	368	374—1105
	20.	Old Timers,	376	390	442—1208
		Eurekas,	408	357	413—1178
	26.	Speed Boys,	404	379	362—1145
		Eurekas,	398	365	416—1179
	28.	Has Beens,	286	228	288— 872
		Pin Pickers,	306	346	338— 990
Mar.	2.	Old Timers,	379	406	375—1160
		Pin Pickers,	389	394	428—1211
	3.	Old Timers,	Forfeited.		
		Speed Boys,	4 points.		
	4.	Cubs,	378	396	371—1155
		Eurekas,	376	416	399—1191
	5.	Has Beens,	Forfeited.		
		Speed Boys,	4 points.		

Bowlers will be wise in keeping this paper on hand with last month's. By adding other games and making corrections the team standing can be figured at any time.

High score men from February 10 to March 10 are as follows:

90	T. Dennen.	104	Jackson.
104	Cole.	92	McCann.
95	Ouillette.	93	King.
96	G. B. Lyna.	103	Loveren.
99	Cote.	99	Cole.

Fines and entrance fees are to be used for prizes and the captains are anxious to have good interest to the close of the season, so that the awards may be worthy. Keep up recreation and be strong and cheerful for work and life.

Resurrections to righteous life.

Easter Prayers.

THE COMING OF THE SOUTHERN.

(With apologies to Rudyard Kipling.)

"What are those men' all hustlin' for," said
Joe the Janitor,

"To turn us out, to turn us out," the Super-
visor said.

"What makes you look so worried, sir," said
Joe the Janitor,

"I'm dreading what I've got to do," the
Supervisor said.

"For they're moving up headquarters, I've
got to move up, too,

The Trainmaster will have my rooms and man
it with his crew,

So I'm taking up my desk and chair, as I was
told to do,

For they're moving up headquarters in the
morning."

"Will there be room to hold 'em all?" said Joe
the Janitor,

"Of course there will, of course there will," the
Chief Clerk quickly said,

"And where will you be sittin', sir," said Joe
the Janitor,

"I wish I knew,—I wish I knew," the Chief
Clerk slowly said,

"For they're moving up headquarters, and I
don't know where to go,

If you should see a likely place, just come and
tell me, Joe,

Where I'm going to put my desk, I'd surely like
to know,

For they're moving up headquarters in the
morning."

"And are you going to move out, too," said
Joe the Janitor,

"We have to go, we have to go," the Old Con-
ductor said,

"And where are you a-goin', sir," said Joe
the Janitor,

"We're moving on, some other room," the Old
Conductor said.

"For they're moving up headquarters and
they've got to have our room,

As soon as we get out of here get busy with
your broom,

I don't know where we're going, or what will
be our doom,

For they're moving up headquarters in the
morning."

Easter Greetings.

NEW MEMBERS—FEBRUARY, 1914.

Burnett, Jos.,	B. & B. Dept.
Boisvert, L. P.,	Clerk
Case, L. R.,	Baggagemaster
Callier, L. J.,	Machinist
Charlton, C. W.,	Machinist Helper
Campbell, F. R.,	Engineer
Griffin, P. E.,	Engineer
Hale, W. S.,	Fireman
Hodsdon, C. H.,	Engineer
Kinney, L. A.,	Hostler
Longstaff, J. A.,	Trainman
McIntire, V. L.,	Fireman
McCusker, J. L.,	Fireman
Platts, H. E.,	Trainman
Rutledge, J. C.,	Trainman
Reynolds, F. M.,	Trainman
Richardson, C. J.,	Fireman
Sanborn, E. G.,	Trainman
Stokham, Chas.,	Trainman
Tilton, H. W.,	Trainman
Taber, R. H.,	Fireman

Wilfred was sitting on his father's
knee watching his mother arranging
her hair.

"Papa has n't any waves like that,"
said the father, laughingly.

Wilfred, looking up at his father's
bald pate, replied: "No, no waves; it's
all beach."
—The Dispatch.

The section foreman asked the engi-
neer what chance there was for his
boy to become an engineer. "Why
don't you make your boy a section
foreman, why do you wish him to be-
come an engineer?" "Well," replied
the section foreman, "Wife and I were
talking it over last night, and as John
is not overly bright we thought he
might make a good engineer."

EYES EXAMINED

and Spectacles and Eyeglasses accurately fitted

M. E. BANKS,

Optometrist, with N. C. Nelson & Co.

No-License Campaign.

VICE AND POVERTY.

Conditions in and around the average saloon and liquor-selling café show that they breed vice as well as poverty. On this point the testimony of the trade itself (1) runs as follows: "Some of the drinking places found in nearly all the large cities are a blot upon American civilization . . . Many depend upon the debauching of women as a source of indirect revenue."

LIQUOR MAKING.

There are in the United States 2,317 liquor-making establishments with a total capital of over \$770,000,000. Their economic importance is best shown by the number of wage-earners employed. (2) "In this respect the brewery industry ranks twenty-fifth among the industries listed and the distillery industry forty-third." This gives them a comparatively low place from the viewpoint of economic importance, as is shown by the following table:

For each \$1,000,000 invested

Ladies' clothing industry employs.....	1,800	workers
Men's clothing industry employs.....	870	"
Boot and shoe industry employs.....	884	"
Lumber and timber products employ.....	590	"
Bread and bakery products employ.....	454	"
The average industry employs.....	358	"
Liquor-making industry employs.....	81	"

WAGES AND RAW MATERIALS.

What part of this money is spent for labor and raw materials?

\$100 spent by the consumer for

Automobiles	will pay in wages \$23.10 and use up materials worth.....	\$62.50
Women's clothing	" " " 23.00 " " " "	61.10
Men's clothing	" " " 20.70 " " " "	57.90
Boots and shoes	" " " 20.60 " " " "	69.60
Paper and wood pulp	" " " 17.20 " " " "	69.80
Average industry	" " " 18.60 " " " "	65.90
Malt and distilled liquors	" " " 8.90 " " " "	26.80

Are You on the Fence?

If not tear this off, sign and mail to R. R. Y. M. C. A.

CITIZEN'S BALLOT. CONCORD, N. H.

I sign this ballot. Am willing to have it on file at No-License Headquarters. Am willing to have my name published with others in lists to defeat the sale of liquor.

I WILL VOTE NO-LICENSE NEXT NOVEMBER.

Name.....
 Ward.....Have voted.....years.

(Mail to Railroad Y. M. C. A., Concord, N. H.)

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